

17TH ANNUAL HIGHLAND FOREST 1-2-3 TRAIL RUN
 May 28, 2016 Highland Forest, Fabius, NY

1 LOOP - 10 MILES

Place	Name	Sex	Age	City	St	Time
1	Corey Zlatniski	M	22	Mattituck	NY	1:22:44
2	Boris Dzikovski	M	51	Ithaca	NY	1:22:58
3	Mark Fuhry	M	24	Ovid	NY	1:28:07
4	Corey DuBois	M	45	Unadilla	NY	1:29:08
5	Bruce Palmer	M	58	Utica	NY	1:32:10
6	Bill King	M	56	Ithaca	NY	1:32:42
7	Alan Lockett	M	59	Lansing	NY	1:32:50
8	Joel Cisne	M	34	Ithaca	NY	1:36:57
9	Sean Barilko	M	44	Syracuse	NY	1:37:45
10	John Condon	M	60	Fulton	NY	1:37:46
11	Morningstar Fowler	M	18	Dryden	NY	1:40:24
12	Jim Owens	M	53	Clinton	NY	1:41:21
13	James Vandish	M	45	Oswego	NY	1:42:25
14	George Cameron	M	38	Chittenango	NY	1:43:25
15	Eric Haslam	M	43	Fabius	NY	1:46:09
16	Meredith Silberstein	F	32	Ithaca	NY	1:48:03
17	Rick Mazzeo	M	63	Skaneateles	NY	1:48:40
18	James McGinty	M	54	Syracuse	NY	1:50:07
19	Rick Cowburn	M	61	Cicero	NY	1:50:51
20	Tim Pierce	M	48	Syracuse	NY	1:51:42
21	Audrey Balander	F	59	Cortland	NY	1:53:07
22	Uwe Runge	M	29	Liverpool	NY	1:53:16
23	Jeffery McIntyre	M	57	Syracuse	NY	1:55:12
24	Ilana Brito	F	36	Ithaca	NY	1:58:42
25	Jay Harris	M	47	Syracuse	NY	2:00:22
26	Jean Rand	F	66	Syracuse	NY	2:02:06
27	Katie Sheffield	F	35	Fabius	NY	2:02:30
28	Holly Frazee	F	39	Fabius	NY	2:02:31
29	Kamal Jabbour	M	58	Pompey	NY	2:02:32
30	Anna Jerome	F	44	Pulaski	NY	2:02:44
31	Pat Riccardi	M	65	Syracuse	NY	2:02:49
32	Cynthia Harris	F	44	Syracuse	NY	2:07:44
33	Dennis Stadelman	M	54	Cicero	NY	2:07:48
34	Janet Loch	F	51	Syracuse	NY	2:09:28
35	Bart Lehmann	M	50	Jamesville	NY	2:11:54
36	Tricia Cameron	F	38	Chittenango	NY	2:13:08
37	Ron Cunningham	M	58	Dryden	NY	2:13:50
38	Kerra Quinn	F	40	Dryden	NY	2:13:54
39	Gretchen Gilbert	F	47	Brooktondale	NY	2:14:36
40	Kristen Owens	F	21	Whitesboro	NY	2:14:53
41	Bettina Lindsey	F	55	Utica	NY	2:14:53
42	Angela Wallace	F	47	Lancaster	NY	2:15:55
43	Kevin Tripp	M	45	Masonville	NY	2:16:04
44	Stephanie Wade	F	41	Davis	CA	2:18:23
45	James Hoch	M	55	Cortland	NY	2:23:21
46	Mike Terwilliger	M	61	Brooktondale	NY	2:27:24
47	Cindy McGuire	F	51	Manlius	NY	2:38:00
48	Jamie Howard	M	50	Albany	NY	2:48:24
49	Reg Johnson	M	67	Warsaw	IN	3:04:47
50	Judy Oaks	F	51	Rochester	NY	3:19:19

2 LOOPS - 20 MILES

Place	Name	Sex	Age	City	St	Time
1	Joanna Bunker	F	18	Clay	NY	3:23:30 1: 1:39:59 1:39:59

						2: 1:43:31 3:23:30
2	Nicolas Llados	M	34	East Syracuse	NY 3:42:47	1: 1:42:51 1:42:51 2: 1:59:56 3:42:47
3	David Jones	M	57	Interlaken	NY 3:50:26	1: 1:50:27 1:50:27 2: 2:00:00 3:50:26
4	Jim Costello	M	48	Syracuse	NY 3:56:01	1: 1:54:11 1:54:11 2: 2:01:50 3:56:01
5	Kimberlee Avery	F	41	Phoenix	NY 4:02:10	1: 1:58:41 1:58:41 2: 2:03:30 4:02:10
6	Nancy Kleinrock	F	56	Ithaca	NY 4:05:34	1: 1:54:01 1:54:01 2: 2:11:34 4:05:34
7	Akira Yatsuhashi	M	46	Oneonta	NY 4:08:01	1: 1:53:09 1:53:09 2: 2:14:52 4:08:01
8	David Losee	M	45	Denver	NY 4:50:51	1: 2:15:17 2:15:17 2: 2:35:34 4:50:51
9	Walt Swenton	M	40	Syracuse	NY 5:07:05	1: 2:01:38 2:01:38 2: 3:05:27 5:07:05
10	Erika Swenton	F	38	Syracuse	NY 5:07:05	1: 2:01:45 2:01:45 2: 3:05:21 5:07:05
11	Carlos Wallace	M	40	Lancaster	NY 5:11:52	1: 2:15:02 2:15:02 2: 2:56:50 5:11:52

3 LOOPS - 30 MILES

Place	Name	Sex	Age	City	St	Time
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1	Fred Harle	M	41	Jamesville	NY	4:58:06
					1:	1:31:14 1:31:14
					2:	1:32:53 3:04:07
					3:	1:54:00 4:58:06
2	Gerrit Van Loon	M	55	Ithaca	NY	5:39:28
					1:	1:41:14 1:41:14
					2:	1:53:04 3:34:17
					3:	2:05:12 5:39:28