

# Onondaga Lake Park Thursday Night Fun Run July 22, 2021

It was a pleasant evening with a 73 degree temperature, 40% RH with a 10 MPH NW wind.

Kurt Stanton –Fun Run Coordinator, Darrall Fogus – Volunteer timer

## 400 Meters run

Name	Time	Age
Peyton Dexter	2:02	9
Lucas Dexter	2:04	8
Justin Dexter	2:10	40
Paige Dexter	2:28	6
Michelle Dexter	2:29	38

## ½ Mile run

Name	Time	Age
Estelle Hahn	6:22	81
Nancy Dock	6:22	72

## 3K run

Name	Time	Age
Estelle Hahn	25:49	81
Nancy Dock	25:50	72

## 2 Mile run

Name	Time	Age
James Steger	18:11	8
Jason Steger	18:12	38
Stacey Steger	18:20	38
Mark Condolora	18:40	62
Julia Steger	18:40	10

## 5K

Name	Time	Age
Warren Staver	22:23	25
Stephen Landry	22:41	30
Meaghan Schwartz	24:31	24
Richard Bower	28:29	49
Richard Kersey	29:26	44
Melanie Ingleston	31:47	42
Melissa Phelps	31:49	35
Bob Michiel	33:18	71
Dan Kanaley	33:23	73

## 4 Miles

Name	Time	Age
Modesto (Moe) Colosi	36:43	68

## 8K

Name	Time	Age
Paul Cianfrocca	37:40	57
Moira Ziembra	40:50	26
Chuck Milazzo	41:49	65
Jim Cox	41:56	60