

Syracuse Chargers



All Comers Summer Track & Field Meets 2019 @ Syracuse University (Skytop Road facility)

Free Registration at the track for all from 5:20-5:50pm with first running event starting at 6pm

Meet #1 (Thursday 8/1/19)	Meet #2 (Wednesday 8/7/19)	Meet #3 (Wednesday 8/14/19)	
400	800	800	
3000	200	200	
100	1500	1500	
	100	400	
Long Jump	Long Jump	Long Jump	
Triple Jump	Triple Jump	Triple Jump	
Throws*	Throws*	Throws*	

- * No javelin
- * No discus

Questions? president@syracusechargers.org

- * Many (not all) Implements will be provided. Please bring your own age-group sanctioned implements "just in case".
- * All throwers will report at the start of the meet for us to assess a "Throws order of events".
- * We will try to accommodate all throws and all throwers within reason (you must have experience in terms of safety).
- * Throwers MUST assist in marking/measuring and recording in order to be allowed to throw.



Birthdate	Circle:	M	F	Age today:
Address (Street)		_		
City, State	Club/School			
Phone #	Emergency #			
Guardian's address (if differen	nt from above):			
executors, and administrators, waive Syracuse Chargers Track Club Inc., their representatives. I attest and ve that medical support for these meets permission to use for legitimate purp participating in these meets.	ry, I, the undersigned, intending to be legally be and release any and all rights and claims for Syracuse University, the Road Runners Cluberify that I am physically fit and have sufficiently swill be volunteers who will be prepared to accoses any photographs, motion pictures, recombe terms and conditions of this release and in	r dama o of Am ly train dminist ordings, tend to	ages I r nerica a ed for t er first , or oth	may have against the and all other sponsors and these events. I am aware aid assistance only. I grant er images of myself
				Date:

(Signature of parent or guardian for all participants age 17 or younger.)